



BACPR Annual Conference 2019

'Cardiovascular Disease and Multimorbidity'

East Midlands Conference Centre
3rd and 4th October 2019



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THURSDAY 3rd OCTOBER 2019

Registration opens from 9.00am

Session 1: Chairs: Sally Hinton & Dr Aynsley Cowie

10:00-10:05	Housekeeping Opening – Why Multi-Morbidity?	Dr Simon Nichols <i>Senior Research Fellow at Sheffield Hallam University & BACPR Scientific Officer</i>
10:05-10:10	Welcome From BACPR And President Handover	Dr Scott Murray <i>Consultant Cardiologist at Royal Liverpool University Hospital & BACPR President</i> Prof Susan Dawkes <i>Edinburgh Napier University</i>
10:10-10:35	Keynote: Fast Forwarding Disruptive Prevention To Rewind Unhealthy Futures	Dr Paddy Barrett <i>Consultant Cardiologist at Blackrock Clinic, Dublin, Ireland</i>
10:35-11:00	Determinants Of Uptake, Completion And Outcomes In Multi-Morbid Patients Attending Cardiac Rehabilitation	Patrick Doherty <i>Chair in Cardiovascular Health and Director of the BHF National Audit of Cardiac Rehabilitation at the University of York</i> Alex Harrison <i>Research Fellow/Statistician BHF National Audit of Cardiac Rehabilitation University of York</i>
11:00-11:10	Comfort Break	
11:10-11:35	Coal-Face Cardiogeriatrics: Optimising Multi-Morbidity In Acute Cardiology Patients	Dr Shuli Levi <i>Consultant Physician in Cardio-Geriatric Medicine at Imperial College Healthcare NHS Trust</i>
11:35-12:00	The Role Of Exercise Therapy In Cardio-Oncology	Dr Malcolm Walker <i>Consultant Cardiologist, Clinical Lead University College London Hospitals</i>
12:00-12:25	Dietary Management Of Type 2 Diabetes: Myths And Facts?	Dr Nicola Guess <i>Lecturer in Nutrition at Kings College London</i>
12:34-12:35	Panel Discussion And Questions To All Presenters	
12:35-13:40	Lunch And Networking, Stands And Posters	
13:00-13:30	Symposia - Sanofi	

**Session 2: Chairs: Dr Scott Murray & Jo Hayward**

13:40-14:05	Heart Failure Update 2019	Dr Simon Williams <i>Consultant Cardiologist at Wythenshawe Hospital and Chair of the British Society for Heart Failure</i>
14:05-14:30	Saving Heart And Minds Together: New CVD Prevention Ambitions For England	Prof Jamie Waterall <i>National Lead for Cardiovascular Disease Prevention & Associate Deputy Chief Nurse at Public Health England</i>
14:30-14:50	New Researcher Development Fund Proposals	Finalist 1 Finalist 2 Finalist 3
14:50-15:45	Healthy Break, Stands And Posters	
15:00-15:40	Workshop – NACR	
15:00-15:40	Moderated Posters (Regent)	



Session 3: Chairs: Prof Susan Dawkes & Alison Allen

15.45-16.10	Cardiologist's Kitchen	Dr Ali Khavandi <i>Consultant Interventional Cardiologist, Royal United Hospitals NHS Foundation Trust</i>
16:10-16:35	Groove Is In The Heart: Optimising Music Applications In Cardiac Rehabilitation	Prof Costas Karagheorghis <i>Divisional Lead for Sport, Health & Exercise Science at Brunel University</i>
16:35-17:20	Interactive Case Studies In CR	Dr Joseph Mills <i>BACPR Past President</i>
17.30-18.00	BACPR AGM	

THURSDAY EVENING EVENTS

19:30-20:00	Drinks Reception	
20:00-22:00	Gala Dinner And Prize Giving	
22:00 – late	Disco	

FRIDAY 4th OCTOBER 2019

7:00	Walk / Run	
From 8:30	Day delegate registration	

Session 4: Chairs: Gillian Farthing, Simone Meldrum & Sally Hinton		Session 5: Chairs: Sheona McHale & Ceri Roberts	
Digital Innovation in Cardiac Rehab Workshop 09:00 – 10:15		Oral Abstracts 09:00 – 10:15	

10:15-10:45	Healthy Break		
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Session 6: Chairs: Dr Hayes Dalal & Dr Aynsley Cowie

10.45-10.50	Award For Best Oral Abstract	Dr Scott Murray <i>Consultant Cardiologist at Royal Liverpool University Hospital & BACPR President</i>
10.50-11.15	Breathlessness In COPD And Chronic Heart Failure	Prof Sally Singh <i>Professor of Pulmonary and Cardiac Rehabilitation at Coventry University</i>
10:15-11:40	Integrating Pharmacy In To The Cardiac Rehabilitation Pathway	Dr Rani Khatib <i>Consultant Pharmacist in Cardiology and Cardiovascular Research at Leeds Teaching Hospitals NHS Trust, and The University of Leeds</i>
11:40-12:00	Combining Prevention And Rehabilitation With Cardiology Sub-Specialisation – What Are The Barriers To Change?	Dr Reza Aghamohammadzadeh <i>Cardiology Registrar and Academic Clinical Lecturer in Cardiology at the University of Manchester</i>
12:00-12:25	Implementing The Nhs Long-Term Plan: How Do We Achieve 85% Uptake?	Sally Hughes <i>Head of Health Services Engagement British Heart Foundation</i>

12.25-13.35	Lunch And Networking, Stands And Posters	
12:45-13:15	Symposium - Astra Zeneca	
12:35-13:15	Workshops	



Session 7: Chairs: Prof Susan Dawkes & Dr Carolyn Deighan		
13:35-14:00	HDL, LDL And Triglycerides; The Good The Bad And The Ugly	Prof Handrean Soran <i>Consultant Physicians and Endocrinologist, Manchester University Hospital NHS Trust</i>
14:00-14:20	Designing Interventions For Multimorbid Populations: Involving The End User	Dr Helen Speake <i>Exercise Psychology Research Fellow at Sheffield Hallam University</i>
14:20-14:40	Exercise Referral Schemes – Access, Adherence And Multimorbidity	Dr Coral Hanson <i>Research Fellow, Cardiovascular Health Theme at Edinburgh Napier University</i>
14:40-15:00	Delivering A Specialist-Generalist Rehabilitation Model In Practice	Dr Aynsley Cowie <i>Consultant Physiotherapist in Cardiology at University Hospital Crosshouse, NHS Ayrshire and Arran</i>
15:00-15:25	Care After Resuscitation	Dr Thomas Keeble <i>Consultant Cardiologist Senior Research Fellow Anglia Ruskin School of Medicine</i>
15.25-15.30	Closing Remarks And Evaluation	

Visit www.bacpr.com for further information on registration, travel and accommodation.



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