



CACPR Spring 2019 Annual Meeting and Symposium

June 14 – 15, 2019

University of Saskatchewan – Saskatoon, Saskatchewan

Program Learning Objectives

Upon completion of the conference, participants should be able to:

- Provide individualized and innovative cardiac rehabilitation and chronic disease management interventions with a specific focus on meeting the needs of clients with multiple chronic conditions, clients in rural and remote communities, and client of a First Nations and Métis heritage.
- Engage and consult with other programs and health care providers to share best practices for chronic disease management.
- Identify common interventions across chronic disease management programs, including common approaches in the delivery of a pulmonary and cardiac rehab.
- Apply innovative system wide strategies to enhance behaviour change skills for front line health care providers.

Program

Thursday, June 13, 2019		
Time TBA	Topic TBA Gilbert Kewistep	Location TBA

Friday, June 14, 2019		
7:30 – 8:30	Cardiology Rounds Dr. Colin Yeung	Royal University Hospital – East Lecture Theatre
8:45 – 9:00	Opening Remarks from CACPR Conference Co-Chair	University of Saskatchewan – Health Sciences Building Room #1
9:00 – 9:15	Opening Remarks from Federation of Saskatchewan First Nations	University of Saskatchewan – Health Sciences
9:15 – 10:15	First Nations Traditional Medicine Gail Boehme and Rick Favel	University of Saskatchewan – Health Sciences
10:15 – 10:30	Morning Break	University of Saskatchewan – Health Sciences Building
10:30 – 11:00	Cultural Humility Erin Beckwell	University of Saskatchewan – Health Sciences
11:00 – 12:00	Topic TBA Dr. Jon McGavock	University of Saskatchewan – Health Sciences
12:00 – 13:00	Lunch and CACPR AGM CACPR Leadership	University of Saskatchewan – Health Sciences
13:00 – 14:00	BREAKOUT	
Session 1-A	COPD Pathway Development for Primary Care OR Update on Pulmonary Rehab Guidelines	University of Saskatchewan – Health Sciences
Session 1-B		University of Saskatchewan – Health Sciences
14:05 – 14:35	BREAKOUT	

Session 2-A	A Day in the Life of a Multimorbidity CDM Professional	University of Saskatchewan – Health Sciences Building Room #1
Session 2-B	Time to HIIT the Weights for Heart Failure Patients Dr. Peter Brubaker	University of Saskatchewan – Health Sciences Building Room #2
14:40 – 15:10	BREAKOUT	
Session 3-A	Resistance Training in Pulmonary Rehab Stacy Sigfusson	University of Saskatchewan – Health Sciences Building Room #1
Session 3-B		University of Saskatchewan – Health Sciences Building Room #2
15:10 – 15:25	Health Break	
15:25 – 16:40	Heart Failure: HfPef vs HfRef – Differences From the Exercise Physiologist Perspective - Plenary Dr. Mark Haykowski	University of Saskatchewan – Health Sciences Building Room #2
Time TBA	A Saskatchewan Feast - Social Event Dr. David Blackburn	University of Saskatchewan

Saturday, June 15, 2019		
7:45 – 8:30	Welcome and Breakfast	
8:30 – 9:30	A Burning Platform for Chronic Disease Self-Management Skills for Health Care Providers Keynote Speaker – TBA	
9:30 – 10:15	BREAKOUT	
Session 4-A	Diabetes Management Update with a Focus on Engaging First Nation and Metis Individuals in Diabetes Self-Management Dr. Tessa Laubscher	
Session 4-B	Nutrition Topic	
10:15 – 10:30	Morning Break	
10:30 – 11:30	Implementing a Department Wide Approach to Self-Management Support for Health Care Providers Plenary Leslie Worth and Group	University of Saskatchewan – Health Sciences
11:30 – 12:00		
12:00 – 13:00	Lunch	
13:00 – 14:00	Gender Differences in Cardiovascular Disease – Implications for Disease Management and Cardiac Rehab Plenary	University of Saskatchewan – Health Sciences

	Dr. Martha Gulati	(Either Rm 1130 or 1150)
14:00 – 14:45	BREAKOUT	
Session 5-A	Exercise Implications for Cancer Survivors OR Chronic Pain and Exercise Topic	University of Saskatchewan – Health Sciences
Session 5-B	Debate: Use of Trackers for Healthy Eating	University of Saskatchewan – Health Sciences
14:45 – 15:00	Health Break	
15:00 – 16:00	BREAKOUT:	
Session 6-A	Medtronic CDM Platform Demonstration	University of Saskatchewan – Health Sciences
Session 6-B	Patient Panel – Use of Wearables and Trackers for Chronic Disease Self-Management	University of Saskatchewan – Health Sciences
16:00 – 16:15	Wrap Up	
Time TBA	Informal Social Event	